



CONNECTING PEOPLE TO PURPOSE

CLARITY - MODULE 2

It's All About You

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MODULE 1

It's All About You

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Module Overview

In this module, you will gather important information about yourself – what your strengths are, what your values are, what motivates you and what you want and need in a job/career. You will go through the process of allowing this information to be processed by your unconscious mind and become alert to the signals pointing to your ideal direction. The clarity for your next step may also be uncovered in this module.

Module Outcomes

By the end of this module you will:

- Understand what you want and need out of a job or career and be able to articulate this;
- Be able to use the DROP DEAD LIST to guide you through all the things you want or need or would like in a job or career AND what you don't;
- Be able to identify:
 - Your values at work;
 - Your strengths;
 - What motivates you at work.
- Find out what other people think about you and these things.

Further Instructions

1. Download the Worksheets.
2. Work your way through the activities.
3. If you have any questions, or to share your progress, please connect with me at my facebook group: *Career Coaching with Kirsten Brumby*.

